

## Two Fantastic Fruits

### Bananas

Bananas are a yellow fruit that grows in hot climates. They grow on tall plants, in bunches called *hands*. They're easy to carry and fun to eat.

Sometimes bananas are called the "perfect fruit" because they have many nutrients to keep you healthy. They have lots of potassium, which helps your muscles grow.

For a delicious treat, add some banana slices to other foods, like cereal, ice cream, or a peanut butter sandwich. A banana is also an excellent breakfast food.



### Pineapples



Pineapples are another yellow fruit that grows in hot climates. They grow on low plants, close to the ground. Pineapples are very juicy and sweet. They are not very easy to carry around because they are large and have prickly skin.

Pineapples are very healthy food. They have lots of vitamin C, which helps your body fight germs, and it helps build strong bones.

Slices of pineapple taste wonderful when added to other foods, like pizza, ice cream, and hamburgers. Some people even put pineapple slices on cakes.

#### 1. According to the paragraphs above, how are bananas and pineapples alike?

- |                                 |                                    |
|---------------------------------|------------------------------------|
| a. They are both dirty fruits.  | b. They both grow in bunches.      |
| c. They are both easy to carry. | d. They both grow in hot climates. |

#### 2. How are bananas and pineapples different?

- a. Pineapples are healthy, but bananas are not.  
 b. Bananas are easy to carry, but pineapples are not.

3. W



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- d. Bananas taste delicious when added to cereal.

#### 4. What is a *hand of bananas*? \_\_\_\_\_

\_\_\_\_\_

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2. Ho

3. Whi

4. Wh