

1.

Emotions

Read the scenario.
Write the emotion that is
best described in the scenario
and explain why.

Jamal bounced in his
seat because tomorrow
was the field trip he
had been looking
forward to all week.

excited glad relieved

2.

Emotions

Read the scenario.
Write the emotion that is
best described in the scenario
and explain why.

Mia forgot to do her
big science project,
and she has to tell
her teacher.

dread relieved empty



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best described in the scenario
and explain why.

Jordan was typing
an essay for English class,
and the computer froze
for a third time.

irritated appalled offended

best described in the scenario
and explain why.

After several days of rain
and canceled plans,
Jordan stayed in bed
longer than usual and
didn't feel interested in
things he normally enjoyed.

depressed disappointed regret

5.

Emotions

Read the scenario.
Write the emotion that is
best described in the scenario
and explain why.

Sofia jumped up and
down after finding out
that school was closed
due to a snowstorm.

pleased content elated

6.

Emotions

Read the scenario.
Write the emotion that is
best described in the scenario
and explain why.

Lily's hockey game was
canceled after she had
practiced all week.

disappointed empty regret



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best described in the scenario
and explain why.

Isaiah checked his email
every few minutes
while waiting to find out
which part he got in
the school play.

horrified anxious upset

best described in the scenario
and explain why.

Zayn was trying to read,
but his little brother kept
interrupting him.

appalled annoyed upset

9.

Emotions

Read the scenario.
Write the emotion that is
best described in the scenario
and explain why.

Marcus sighed
when he received his
math test back. He had
gotten a lower grade
than expected.

down hopeless regret

10.

Emotions

Read the scenario.
Write the emotion that is
best described in the scenario
and explain why.

After building the model
carefully and fixing the
last piece, Ava stepped
back to admire her work.

joyful satisfied carefree



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best described in the scenario
and explain why.

Darius' hands shook
as he walked onto
the stage to perform
a trumpet solo.

contempt joyful nervous

best described in the scenario
and explain why.

Priya looked down
and quietly walked away
after someone made fun
of the lunch she brought
from home.

hopeless offended contempt

13. Emotions

Read the scenario.
Write the emotion that is
best described in the scenario
and explain why.

Nihal stood completely
still and barely breathed
as a bear slowly walked
across the trail just
a few feet away.

petrified worried frustrated

14. Emotions

Read the scenario.
Write the emotion that is
best described in the scenario
and explain why.

Ayla's face turned red
when she tripped in
the hallway and heard
a few classmates laugh.

grief lonely embarrassed



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best described in the scenario
and explain why.

During summer vacation,
Ben rode his bike all day
without worrying about
homework or schedules.

satisfied carefree pleased

best described in the scenario
and explain why.

Mei gasped when
she saw a group of
students drawing on
the school walls.

mad appalled hate

17. Emotions

Read the scenario.
Write the emotion that is
best described in the scenario
and explain why.

Aliyah's heart raced
as she realized she
couldn't find her family
at the crowded
amusement park.

frustrated regret terrified

18. Emotions

Read the scenario.
Write the emotion that is
best described in the scenario
and explain why.

Mrs. Alvarez's class pet
passed away.
The students were
all very upset.

grief lonely embarrassed



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best described in the scenario
and explain why.

Kwame jumped up
and down and smiled
when his teammate
scored the winning goal.

relieved joyful content

best described in the scenario
and explain why.

Noah let out a sigh when
he realized he had studied
the exact questions that
were on the test.

satisfied joyful relieved

21. Emotions

Read the scenario.
Write the emotion that is
best described in the scenario
and explain why.

After eating dinner,
Leo curled up on the
couch with a good book.

content excited cheerful

22. Emotions

Read the scenario.
Write the emotion that is
best described in the scenario
and explain why.

Eliza kept looking out the
window because her cat
hadn't returned home,
and it was getting dark.

hopeless worried enraged



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best described in the scenario
and explain why.

Diego crumpled
his worksheet after
trying over and over to
solve a math problem.

pleased enraged frustrated

best described in the scenario
and explain why.

Darnell sat alone on
the bench while everyone
else from his class played
on the playground.

depressed lonely hopeless

25.

Emotions

Read the scenario.
Write the emotion that is
best described in the scenario
and explain why.

Amina jumped
and screamed when
she saw a ghost in
the haunted house.

frightened nervous enraged

26.

Emotions

Read the scenario.
Write the emotion that is
best described in the scenario
and explain why.

Brendan's hand shook
as he grabbed a tissue
to kill a spider.

worried anxious afraid



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best described in the scenario
and explain why.

Emma smiled when
she was invited to sit with
new friends at lunch.

cheerful satisfied glad

best described in the scenario
and explain why.

Emelia forgot to get
her permission slip signed
by her parents. She forged
her mom's signature,
then regretted it.

shame grief embarrassed

29.

Emotions

Read the scenario.
Write the emotion that is
best described in the scenario
and explain why.

Fatima slammed her
locker shut after someone
took her notebooks
without asking.

upset offended dread

30.

Emotions

Read the scenario.
Write the emotion that is
best described in the scenario
and explain why.

Zara wished she
had studied more for
the test after seeing
her test score.

pleased afraid regret



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Name: _____

Task Cards: Emotions

	emotion	explanation
1.		
2.		
3.		
4.		
5.		



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10.		
11.		
12.		
13.		
14.		
15.		

Name: _____

Task Cards: Emotions

	emotion	explanation
16.		
17.		
18.		
19.		
20.		



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25.		
26.		
27.		
28.		
29.		
30.		

ANSWER KEY

Task Cards: Emotions

	emotion	explanation
1.	excited	explanations will vary

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14.	embarrassed	explanations will vary
15.	carefree	explanations will vary

ANSWER KEY

Task Cards: Emotions

	emotion	explanation
16.	appalled	explanations will vary

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29.	upset	explanations will vary
30.	regret	explanations will vary