Name:

Positive Thinking



Read each statement below. If the statement shows positive thinking, write **positive** on the line. If the statement shows negative thinking, write **negative** on the line.

- 1. I can try my best, even if it's hard.
- 2. I'm not good at anything.





Preview

Please log in to download the printable version of this worksheet.

- 6. This is too hard.
- 7. I can handle problems one step at a time.
- 8. I always mess things up.
- 9. Mistakes help me learn.
- 10. Everyone learns at their own speed.

ANSWER KEY

Positive Thinking



Read each statement below. If the statement shows positive thinking, write **positive** on the line. If the statement shows negative thinking, write **negative** on the line.

1. I can try my best, even if it's hard.

positive



10. Everyone learns at their own speed.

positive