

Name: _____



National Acts of Kindness Day

National Acts of Kindness Day is celebrated each year on February 17th. It encourages people to be kind to one another. On this day, people look for simple ways to help others and spread happiness. Kindness can spread, too. When someone receives kindness, they are more likely to be kind to others.

Kind acts do not have to be big. Smiling at someone, holding a door open, or saying thank you can make a big difference. At school, students can show kindness by helping a classmate, including others in games, or listening when someone needs a friend to talk to.

A blue banner with a white cloud. On the left, a cartoon superhero with a red cape and a blue 'S' on his chest is flying. On the right, the word 'Preview' is written in large red letters. Below it, the text 'Please log in to download the printable version of this worksheet.' is written in a smaller, grey font.

2. What is the purpose of National Acts of Kindness Day?

- a. to remind students to go to school
- b. to encourage all people to show kindness to others
- c. to remind only adults to be kind
- d. to remember famous people who have shown kindness

3. Name two ways you can show kindness.

4. If it is important to be kind every day, why do you think there is just one day dedicated to doing small acts of kindness?

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Preview

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Answers will vary.
