Materials:
Human Body questions worksheet (pages 2-3)
18 human body fact cards (pages 4-8)
Tape and scissors

Preparation
Print the fact cards on card stock or brightly-colored paper and cut them apart along the dotted lines.

Make copies of the human body questions worksheet (2-sided). Each student will need his or her own copy.

Hide all 18 human body fact cards around your classroom where students will be able to find them. You can put them on the back of your classroom door, on chairs, on the computer keyboard, on the sides of student desks, or wherever you like.

Activity
Students receive copies of the question worksheet. They have to search the classroom to find the fact cards to answer the questions.

After they have completed the question sheet, you can go over the answers together with the class.

Management tips
You may want to make this a silent activity so students don’t share answers with each other.

You can have the kids work by themselves or with partners.

Don’t be afraid to hide the facts in tough places. Kids think it’s more fun when they have to search around a little.

Examples of good hiding spots might include:

- sticking out of a book, like a bookmark
- the back of the classroom door
- laying flat on the bookshelf
- on the back of the teacher’s chair
- on the side of your computer monitor

Have a plan for students who finish early. You may want to have an assignment for them to complete when they’re done, or you may have them help other students find fact cards.
Your heart is about as big as your fist.

Your heart is the hardest working muscle in your body. It beats over 35 million times each year!

Your liver is the largest organ in your body. It cleans your blood, and makes chemicals for your body. The liver has over 500 jobs.

A person is born with about 300 bones in their body. An adult only has 206 bones in their body. When people grow, many of their bones combine together.
Your left lung is a little bit smaller than your right lung. This makes room for your heart.

It takes 17 muscles to smile. It takes 43 muscles to frown.

If you could stretch it out, your small intestine would be about 22 feet (670 centimeters) long.

You have two kidneys that clean your blood. They remove chemicals that your body cannot use.

Super Teacher Worksheets - www.superteacherworksheets.com
Your lungs put oxygen in your blood. They also remove carbon dioxide.

Your liver makes bile. Bile is a chemical that makes your stomach acid safe for your body.

There are four types of human blood. They are: A, B, O, and AB. The most common type of blood is O. The least common type is AB.

White blood cells kill disease and viruses. They also heal your skin when you get a cut.

Your lungs put oxygen in your blood. They also remove carbon dioxide.
Your brain stem controls your breathing, heart beat, and stomach.

Nerves are like small wires that run from your brain to other parts of your body. Nerves send signals to your body. You need nerves to feel things with your skin and to move your muscles.

Your brain weighs about three pounds.

Your teeth are the only body parts that cannot heal themselves when they chip or break.
Some bones in your body protect delicate organs. Your skull is a thick bone that protects your brain. Your ribs are a set of bones that protect your heart, liver, and lungs.

The average person has about 100,000 hairs on their head. The average head loses about 60 hairs each day.
Fact Card 1: How many times does your heart beat in a year?
__________________________________________________________________

Fact Card 2: Name two things that your liver does.
__________________________________________________________________

Fact Card 3: How big is your heart?
__________________________________________________________________

Fact Card 4: Who has more bones, babies or adults? Why?
__________________________________________________________________

Fact Card 7: If you could stretch out your small intestine, how long would it be?
__________________________________________________________________

Fact Card 8: What do your kidneys do?
__________________________________________________________________

Fact Card 9: Where is bile made?
__________________________________________________________________
Fact Card 10: List the four types of human blood.

__________________________________________________________________

Fact Card 11: What do white blood cells do?

__________________________________________________________________

Fact Card 12: What do your lungs take out of your blood?

__________________________________________________________________

Fact Card 13: What does your brain stem control?

__________________________________________________________________

Fact Card 16: What can’t teeth do that other parts of your body can do?

__________________________________________________________________

Fact Card 17: Name two bones in your body that protect your organs.

__________________________________________________________________

Fact Card 18: About how many hairs are on your head?

__________________________________________________________________
### Fact Card 1:
**How many times does your heart beat in a year?**

35 million times each year

### Fact Card 2:
**Name two things that your liver does.**

- Cleans blood and makes chemicals for your body

### Fact Card 3:
**How big is your heart?**

About the size of your fist

### Fact Card 4:
**Who has more bones, babies or adults? Why?**

Babies have more bones. When people grow, many of their bones combine together.

### Fact Card 7:
**If you could stretch out your small intestine, how long would it be?**

22 feet or 670 centimeters

### Fact Card 8:
**What do your kidneys do?**

Cleans blood by removing chemicals your body cannot use

### Fact Card 9:
**Where is bile made?**

Liver
Fact Card 10: List the four types of human blood.

A, B, O, AB

Fact Card 11: What do white blood cells do?

kills disease and viruses and heals your skin

Fact Card 12: What do your lungs take out of your blood?

carbon dioxide

Fact Card 13: What does your brain stem control?

breathing, heart beat, and stomach

Fact Card 16: What can’t teeth do that other parts of your body can do?

heal themselves

Fact Card 17: Name two bones in your body that protect your organs.

skull and ribs

Fact Card 18: About how many hairs are on your head?

100,000