Jamal retied his running shoes for the third time. All month he’d been talking about his first 5K race and how he was going to come in first in his age group. Several of his friends from school had come out to watch or run the race too.

“You ready?” Christian asked.

“Yeah, no problem.” Jamal did a few warm-up stretches to cover up the fact that his hands were shaking. He’d trained for this race, but there were so many people both in the race and watching. What if he didn’t win his age group? What if he tripped and fell?

A whistle blew and the starter called everyone to the staring line.

“I’ll try to keep you in sight,” Christian said, “but you’re a lot faster than I am.” He leaned closer. “I’m kind of just hoping I can finish the race without having to stop.”

Jamal clapped Christian on the back. “Don’t go out too fast and you’ll be fine. It doesn’t matter what place you finish in. The run is for a good cause.” The school was raising money for a teacher who had lost his house in a hurricane.

Christian nodded. “Right. Let’s do this for Mr. Martin.”

Jamal took his spot on the starting line and noticed Mr. Martin next to him.

“Thanks for getting so many of your classmates to come out today, Jamal,” Mr. Martin said. “No matter what place you come in, you’re a winner in my book.”

The starting buzzer sounded and Jamal took off, thinking of Mr. Martin’s words. After the
first mile, Jamal glanced back and saw Christian grabbing his side. He must have had a cramp. Mr. Martin was still next to Jamal, matching his pace with each step.

“We’re all winners, right?” Jamal asked Mr. Martin between breaths.

Mr. Martin looked back at Christian and a few other students lagging behind. “Every single one of you.”

Jamal nodded and ran back to Christian and the others. “Arms up over your heads and take long slow breaths,” Jamal said.

His friends listened.

“Good. Now swing your arms again and focus on your breathing.” Jamal continued to coach his friends until he saw the finish line. “There’s the end. Come on, guys. Let’s finish this together.”

They crossed the finish line as a group and found Mr. Martin waiting for them.


“We’re all winners,” Jamal said smiling at Mr. Martin.

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About the Author

Kelly Hashway's picture book, Melinda's Museum Magic, is now available!

Melinda is taking her first trip to the museum, and her mother promises it will be magical. But when the exhibits start coming to life in ways that only Melinda can see, she'll learn the real magic of the museum.

We're All Winners
By Kelly Hashway

1. Why were Jamal and his friends running in a 5K race?
   a. They were competing against students from another school.
   b. They were practicing to run a marathon.
   c. They were running to raise money for someone in need.
   d. They knew there was a cash prize for the fastest runner in each age group.

2. Who is Mr. Martin?
   a. a teacher at Jamal's school
   b. Christian's father
   c. a professional athlete
   d. Jamal's track coach

3. Why did Mr. Martin thank Jamal?

___________________________________________________________________________________________
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4. Before the race, Christian said to Jamal:
   “I'll try to keep you in sight, but you're a lot faster than I am.”

What did Christian mean by this?
   a. He thinks he'll be able to beat Jamal in the race.
   b. He will try to keep up with Jamal.
   c. He does not want to race.
   d. He thinks Jamal won't try very hard.

5. What kind thing did Jamal do for his friend Christian during the race?

___________________________________________________________________________________________
___________________________________________________________________________________________
Match each vocabulary word on the left with the definition on the right.

1. ____ several
   a. painful feeling in your muscles

2. ____ 5K race
   b. stumbled

3. ____ trained
   c. air taken into or coming out of the lungs

4. ____ tripped
   d. more than a few, but less than many

5. ____ hurricane
   e. falling behind

6. ____ cramp
   f. competition in which participants run about 3 miles

7. ____ lagging
   g. prepared for a competition

8. ____ breaths
   h. large wind storm
In the story, "We're All Winners," Jamal was running in a race to raise money for someone who lost their house in a hurricane.

Write about a time when you participated in an event to raise money for a good cause. What was the event? What did you and others do at the event? For what worthy cause were you raising money?

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3. Why did Mr. Martin thank Jamal?
   Mr. Martin thanked Jamal for getting so many of his classmates to come out to the race.

4. Before the race, Christian said to Jamal:
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   What did Christian mean by this?  
   b) He will try to keep up with Jamal.
   a) He thinks he’ll be able to beat Jamal in the race.
   c) He does not want to race.
   d) He thinks Jamal won’t try very hard.

5. What kind thing did Jamal do for his friend Christian during the race?
   Jamal noticed that Christian was grabbing his side and lagging behind. He went back and helped Christian and other classmates get to the finish line. They crossed the finish line together.
We're All Winners
By Kelly Hashway

Match each vocabulary word on the left with the definition on the right.

1. d several a. painful feeling in your muscles
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