Erica scribbled her third New Year’s resolution down on her homework sheet and smiled. “Done!”

“Really? That was quick,” her mother said. “Can I hear what your resolution is?”

“You know the point of a resolution is to change something in your life for the better and to stick with it. Can you honestly see yourself sticking to these things?”

Erica looked over the list again. “Maybe,” she said with a shrug.

Her mom raised an eyebrow at her.

“Well, maybe not all of them,” Erica said. “I can try my best in math but that doesn’t mean I’ll get an A.”

“Then maybe you should find a resolution that is achievable and something you can benefit from.”

“Like what?”
“You’ll come up with something,” her mom said, as she started to fix dinner.

Erica sat at the table, staring at her list of resolutions. She really wanted to try to make these things happen. It would be nice to have more time in the evenings, so doing her homework after school and not leaving her chores until right before bedtime made sense. And if she planned some study time in each night, she might be able to get an A in math or at least a B+.

“How could I plan my time better to make these things happen?” Erica thought aloud.

Plan! That was the answer.

“Mom!” Erica jumped up from the table.

“What is it?” her mother asked.

“I’ve got it. In order to do all these things, I need to stick to a schedule. So my New Year’s resolution should be to schedule my time after school so I can do my homework, get my chores done, and still have time to relax.”

Her mother smiled. “I think coming up with a schedule and sticking to it is a great resolution.”

“Me too,” Erica said, and she sat back down to start planning her schedule for the New Year.
New Year’s Resolution

By Kelly Hashway

1. Why was Erica writing New Year’s Resolutions?
   a. She likes to write them every year.
   b. All of her friends are writing resolutions.
   c. She wanted to surprise her mother.
   d. It was a homework assignment.

2. Which sentence about Erica is probably true?
   a. She likes to keep secrets.
   b. She doesn’t usually do her homework.
   c. Math is a tough subject for her.
   d. She enjoys doing chores at home.

3. Complete the graphic organizer.

<table>
<thead>
<tr>
<th>Erica’s New Year’s Resolutions</th>
<th>Revised Resolution</th>
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</thead>
<tbody>
<tr>
<td>a. ___________________________</td>
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<tr>
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4. Erica’s mother said New Year’s resolutions should be achievable. What does the word achievable mean?
   a. requiring a lot of thought
   b. requires luck
   c. reasonable and possible to do
   d. nearly impossible
New Year’s Resolution

Match each vocabulary word from the article with the correct definition.

1. _____ resolution
   a. worried

2. concerned
   b. household jobs

3. happy
   c. a decision to do or not do something

4. achievable
   d. to do something enjoyable

5. chores
   e. a choice that is reasonable and possible

6. schedule
   f. to spend time learning

7. relax
   g. pleased

8. study
   h. a list of times when things have to be done
In the story, “New Year’s Resolution,” Erica writes her New Year’s resolutions. When her mother is concerned that her resolutions are not achievable, she suggests to Erica that she come up with one resolution that she can really stick with.

In the space below, write your own New Year’s resolution. Also, explain why you chose the resolution and how it will help you.
New Year’s Resolution

By Kelly Hashway

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   Erica’s New Year’s Resolutions

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ANSWER KEY

Super Teacher Worksheets - www.superteacherworksheets.com
New Year’s Resolution

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ANSWER KEY
c a g e b h d

Preview

Please log in to download the printable version of this worksheet.

8. f study

h. a list of times when things have to be done