Name:

Sleepy Bear

by Lydia Lukidis

Shhh...don't wake up Bear! He is sleeping.

In fact, he will sleep for many months. This is called "hibernation." Bear has dug his own den. A den is a bear's home. It looks like a dark hole or cave. Bear hibernates because there is not much



food in winter. It is also very cold. While he sleeps, he will relax. He will conserve energy. That means he will save energy. His body temperature will go down. He will not eat. He will not wake up for a while. He won't even go to the bathroom. But don't worry! Bear will survive. He was smart and he ate a lot of food before falling asleep.

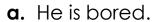
Bear will wake up in the spring. He will be well rested. He will also be very hungry! Luckily, there will be a lot of food to eat. Bear will snack on plants, berries, and insects. Sometimes he will eat fish too.

Bear is not the only animal that hibernates. Squirrels, skunks and raccoons are other examples.

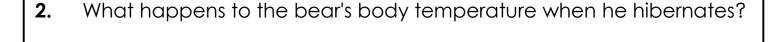
Sleepy Bear

by Lydia Lukidis





- **b.** He doesn't like snow on his paws.
- c. He can't find food in the winter.
- **d.** He is afraid of being buried in the snow.



3. When the bear wakes up in the spring, what will he eat? (Circle four answers in the box.)

plants deer fish insects
squirrels berries birds worms

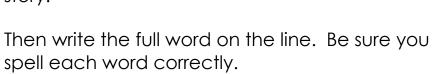
4. Name three other animals that hibernate according to the article.

Name: _____

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Fill in the missing letters to create words from the story.





1.	h	b	r n	t i	0	n
	''	·	' ''		\circ	

c ___ n s ___ r v ___

clue: sleep during winter

clue: save

2.

clue: ability to do work

4. t __ m __ e r __ t u r e

clue: amount of hot or cold

clue: to stay alive

Sleepy Bear

by Lydia Lukidis

In the article, "Sleepy Bear," you learned how bears hibernate in the winter.

With an adult's help, use the Internet to research three facts about brown bears. Be sure to write in complete sentences. Choose facts that were not mentioned in the article.



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Fact #1:
Internet source:
Fact #2:
Internet source:
Fact #3:
Internet source:

ANSWER KEY

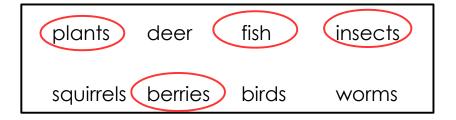
Sleepy Bear

by Lydia Lukidis





- a. He is bored.
- **b.** He doesn't like snow on his paws.
- c. He can't find food in the winter.
- **d.** He is afraid of being buried in the snow.
- 2. What happens to the bear's body temperature when he hibernates?
 <u>The bear's body temperature decreases.</u>
- 3. When the bear wakes up in the spring, what will he eat? (Circle four answers in the box.)



4. Name three other animals that hibernate according to the article.

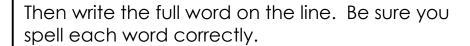
Squirrels, skunks, and raccoons hibernate in the winter.

ANSWER KEY

Sleepy Bear

by Lydia Lukidis

Fill in the missing letters to create words from the story.





h<u>i</u>b<u>e</u>rn<u>a</u>tion 1. <u>hibernation</u> 1.

clue: sleep during winter

2. conserve

clue: save

2. conserve

3. e n e r g y

clue: ability to do work

- 3. energy
- temperature 4. temperature 4.

- clue: amount of hot or cold
- 5. s u r v i v e

clue: to stay alive

5. survive