People have been trying to get rid of me for a long time! They first used materials such as crushed bone or crushed egg or oyster shells to do away with me. Later, they used sticks along with powdered charcoal or powdered bark to scrape me away.

The Egyptians created a cream made with such ingredients as powdered ashes of oxen hooves and burned egg shells for the same purpose. The Persians used burnt shells of snails and oysters in their cream.

Finally, in the 1800’s, people began to use a substance that came in a jar along with a brush and brushed me away. In 1892, the substance became available in a tube.

I love it when you eat sugary foods – then I can grow better.
I am a film of bacteria. If I am around for very long I harden into something called tartar.

I guess I am a bit of a villain. I am the main cause of cavities and gum disease.

I am plaque.

Written by Linda Anderson

For the complete collection of “Who am I?” challenge puzzles, please visit SuperTeacherWorksheets.com.
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Who Am I?

By Linda Andersen

People have been trying to get rid of me for a long time! They first used materials such as crushed bone or crushed egg or oyster shells to do away with me. Later, they used sticks along with powdered charcoal or powdered bark to scrape me away.

The Egyptians created a cream made with such ingredients as powdered ashes of oxen hooves and burned egg shells for the same purpose. The Persians used burnt shells of snails and...

Finally, in the 1800's, people began to use a substance that came in a jar along with a brush and...

I love it when you eat sugary foods – then I can grow better.

I am a film of bacteria. If I am around for very long I harden into something called tartar.

I guess I am a bit of a villain; I am the main cause of cavities and gum disease.

Do your teeth ever feel like they are wearing sweaters? That’s a sure sign that I’m around.

What am I?
People have been trying to get rid of me for a long time! They first used materials such as crushed bone or crushed egg or oyster shells to do away with me. Later, they used sticks along with powdered charcoal or powdered bark to scrape me away.

The Egyptians created a cream made with such ingredients as powdered ashes of oxen hooves and burned egg shells. They mixed these ingredients with egg yolks to create a whitening cream for their teeth. The Persians used burnt shells of snails and oysters in their cream.

Finally, in the 1800s, people began to use a substance that came in a jar along with a brush and paste. This was the first toothpaste. In 1892, the substance became available in a tube.

I love it when you eat sugary foods – then I can grow better.

I am a film of bacteria. If I am around for very long I harden into something called tartar.

I guess I am a bit of a villain; I am the main cause of cavities and gum disease.

Do your teeth ever feel like they are wearing sweaters? That’s a sure sign that I’m around.

What am I?

Answer: Plaque