I am an animal. I live in such places as Alaska, Canada, Russia, Greenland, and Norway.

I have black skin and a black tongue. I have a layer of fat, called blubber, under my skin that helps to keep me warm.

When you were born you probably weighed about seven or eight pounds. When I was born I was very small. I weighed just over one pound.

I grew, and grew, and grew! As an adult, I can weigh more than one thousand pounds!

Do you have a favorite food? My favorite food is seal. I also eat berries, plants, foxes, and birds. I can even eat some types of whales.
I am a polar bear.

My paws are huge. They are good for walking on ice and snow. When I am in the water, they are like paddles. They help me to swim.

I have two layers of fur that also help to keep me warm. My fur is usually white. It can also be creamy yellow or light brown.

Written by Linda Anderson

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Do you have a favorite food? My favorite food is seal. I also eat berries, plants, whales, foxes, and birds.

When you were born you probably weighed about seven or eight pounds. When I was born I was very small. I weighed just over one pound.

But, I grew, and grew, and grew! As an adult, I can weigh more than one thousand pounds! I am very strong. I can kill an animal with just one hit from my paw.

My paws are huge. They are good for walking on ice and snow. When I am in the water, they are like paddles. They help me to swim.

I have black skin and a black tongue. I have a layer of fat, called blubber, under my skin that helps to keep me warm.

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I am a kind of bear.

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What am I?

Answer: I am a polar bear.