I am a food.
I am good for you.

One, two, three, four, five, six, seven, eight, nine, ten, eleven, twelve. That is often how many of me you buy in a box at the store.

The outside of me is white or brown. I am white and yellow on the inside.

You can bake me.
You can fry me.
You can boil me.
I have a hard shell on the outside of me.

I come from a mama chicken, called a hen.

I am an egg.

Written by Linda Anderson

For the complete collection of “What am I?” challenge puzzles, please visit SuperTeacherWorksheets.com.
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What Am I?

By Linda Billberg Andersen

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One, two, three, four, five, six,
seven, eight, nine, ten, eleven,
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What am I?

Answer: I am an egg.