Name: _____

No, Bully! Written by Nikki Aksamit

A bully is a boy or a girl Who makes you feel bad. Who says things or does things That make you feel sad.

A bully may laugh
When you make a mistake.
Or call you mean names
Push you, shove you or shake.

What do you do
If you're bullied today?
You must try to stay calm
And just walk away.

Go tell a grown up, They'll know what to do. Teachers and parents Are there to help you.

What if you see
A bully pick on a friend?
How do you make
The meanness come to an end?

Tell the bully to stop!
Take your friend by the hand.
Go find a grown up,
They will understand.

School is a safe place
To learn, grow and play
If you speak up and stand up
Bullies can't ruin the day!

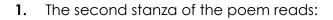




Name:	Anti-Bullying Poem

No, Bully!

Written by Nikki Aksamit



A bully may laugh When you make a mistake. Or call you mean names Push you, shove you or shake.



Make a list of some other things that a bully might do.

2. The fourth stanza of the poem reads:

Go tell a grown up, They'll know what to do. Teachers and parents Are there to help you.

If you were being bullied, what grown-ups could you turn to for help? List three adults that you would trust.

- a.
-).

С.

3. Tell what you can do if you see a bully picking on a friend.

4. How can you avoid becoming a bully?

ANSWER KEY

No, Bully!

Written by Nikki Aksamit

1. The second stanza of the poem reads:

A bully may laugh When you make a mistake. Or call you mean names Push you, shove you or shake.



Make a list of some other things that a bully might do.

Answers will vary. Sample answers: Tease someone. Pinch someone. Post bad things on the Internet about someone. Make people feel uncomfortable.

2. The fourth stanza of the poem reads:

Go tell a grown up, They'll know what to do. Teachers and parents Are there to help you.

If you were being bullied, what grown-ups could you turn to for help? List three adults that you would trust.

Answers will vary. Sample answers:

a. <u>mother</u>

b. father

- c. grandparent
- 3. Tell what you can do if you see a bully picking on a friend.

<u>Tell the bully to stop</u>. <u>Take the person away from the bully</u>. <u>Tell an adult about the problem</u>.

4. How can you avoid becoming a bully?

Answers will vary. Sample answer: Say only nice things about people. Try to avoid hurting others physically or with words.