

# No, Bully!

Written by Nikki Aksamit

A bully is a boy or a girl  
Who makes you feel bad.  
Who says things or does things  
That make you feel sad.

A bully may laugh  
When you make a mistake.  
Or call you mean names  
Push you, shove you or shake.

What do you do  
If you're bullied today?  
You must try to stay calm  
And just walk away.



## ~ PREVIEW ~

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The meanness come to an end?



Tell the bully to stop!  
Take your friend by the hand.  
Go find a grown up,  
They will understand.

School is a safe place  
To learn, grow and play  
If you speak up and stand up  
Bullies can't ruin the day!

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**STOP!**



1. The second stanza of the poem reads:

A bully may laugh  
When you make a mistake.  
Or call you mean names  
Push you, shove you or shake.

Make a list of some other things that a bully might do.

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2.



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a. \_\_\_\_\_ b. \_\_\_\_\_ c. \_\_\_\_\_

3. Tell what you can do if you see a bully picking on a friend.

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4. How can you avoid becoming a bully?

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# ANSWER KEY

## No, Bully!

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STOP!



1. The second stanza of the poem reads:

A bully may laugh  
When you make a mistake.  
Or call you mean names  
Push you, shove you or shake.

Make a list of some other things that a bully might do.

**Answers will vary. Sample answers: Tease someone. Pinch someone. Post bad things on the Internet about someone. Make people feel uncomfortable.**

- 2.



# ~ PREVIEW ~

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List three adults that you would trust.

Answers will vary. Sample answers:

a. mother

b. father

c. grandparent

3. Tell what you can do if you see a bully picking on a friend.

**Tell the bully to stop. Take the person away from the bully. Tell an adult about the problem.**

4. How can you avoid becoming a bully?

**Answers will vary. Sample answer: Say only nice things about people. Try to avoid hurting others physically or with words.**