No, Bully!
Written by Nikki Aksamit

A bully is a boy or a girl
Who makes you feel bad.
Who says things or does things
That make you feel sad.

A bully may laugh
When you make a mistake.
Or call you mean names
Push you, shove you or shake.

What do you do
If you’re bullied today?
You must try to stay calm
And just walk away.

Tell the bully to stop!
Take your friend by the hand.
Go find a grown up,
They will understand.

School is a safe place
To learn, grow and play
If you speak up and stand up
Bullies can’t ruin the day!
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1. The second stanza of the poem reads:

   A bully may laugh
   When you make a mistake.
   Or call you mean names
   Push you, shove you or shake.

   Make a list of some other things that a bully might do.

___________________________________________________________________________________________
___________________________________________________________________________________________

2. Go tell a grown up,
   They'll know what to do.
   Teachers and parents
   Are there to help you.

   If you were being bullied, what grown-ups could you turn to for help?

   a. ________________________
   b. ________________________
   c. ________________________

3. Tell what you can do if you see a bully picking on a friend.

___________________________________________________________________________________________
___________________________________________________________________________________________

4. How can you avoid becoming a bully?

___________________________________________________________________________________________
___________________________________________________________________________________________

Super Teacher Worksheets - www.superteacherworksheets.com
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2. Go tell a grown up,
They’ll know what to do.
Teachers and parents
Are there to help you.

If you were being bullied, what grown-ups could you turn to for help?
List three adults that you would trust.

Answers will vary. Sample answers:

a. mother  
b. father  
c. grandparent

3. Tell what you can do if you see a bully picking on a friend.

Tell the bully to stop. Take the person away from the bully. Tell an adult about the problem.

4. How can you avoid becoming a bully?

Answers will vary. Sample answer: Say only nice things about people. Try to avoid hurting others physically or with words.