

Name: _____

Stroop Test

Say the names of the colors you see, not the colors you read. Go down the list as fast as you can.

green

blue

red

green

orange

blue



Preview

Please log in to download the printable version of this worksheet.

green

yellow

yellow

orange

blue

green

blue

orange

blue

glue 

glue 

green



Name: _____

The Stroop Test

Say the name of each color below. Say the colors as quickly as you can.



Preview

Please log in to download
the printable version of this worksheet.

red, blue, green, yellow, blue

yellow, blue, red, green, blue

red, blue, yellow, green, blue

If you found that last section to be tricky, you're not alone! Part of your brain is trying to read the words. The other part is trying to say the colors.

If you have trouble with the Stroop Test, it probably means you are a fluent reader. If you ask a young child who does not know how to read to take this test, they will probably be able to say the colors names much more quickly.