

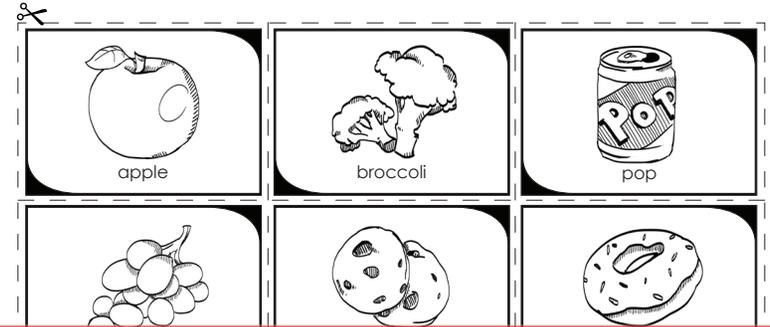
Nutrition Sort

Objective:

Students sort foods into two categories:
healthy and unhealthy

Materials:

Food cards (pages 2-4)



~ PREVIEW ~

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Unhealthy foods: cookies, donut, pop, candy bar, potato chips, brownies, lollipop, cupcake, cake, milkshake, ice cream

Note: *Hamburger and pizza could be either healthy or unhealthy, depending on the student's point-of-view and how the food is prepared.*



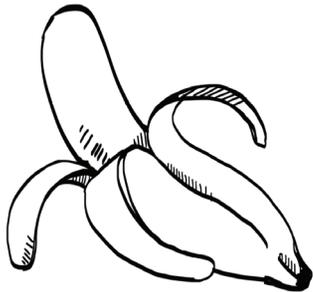
Healthy

Unhealthy



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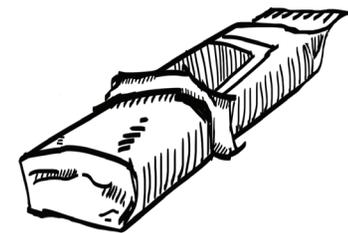
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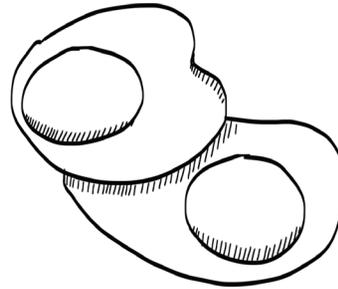
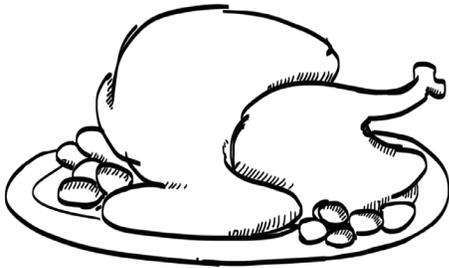
banana



potato chips

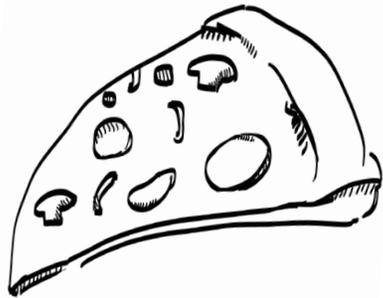


candy bar



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pizza

celery

milkshake



brownies

soup

lollipop



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chicken

cake

cheese