

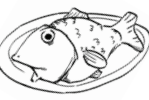
Food Groups Sort

Objective:

Students sort foods into food groups.

Materials:

Food cards (pages 2-4)

Grain	Dairy	Fruits and Vegetables	Protein
 pretzel	 milk	 broccoli	 fish



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grain: bread, pretzel, spaghetti, muffin, bagel

dairy: milk, yogurt, cheese, ice cream, milkshake

fruits and vegetables: banana, apple, broccoli, celery, orange, potato, grapes

protein: fish, turkey, chicken, eggs, steak, hot dog



Grain

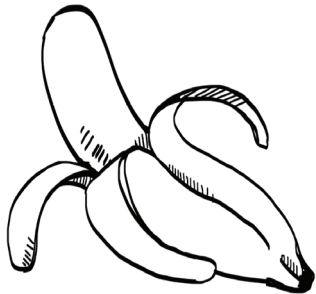
Dairy

**Fruits and
Vegetables**

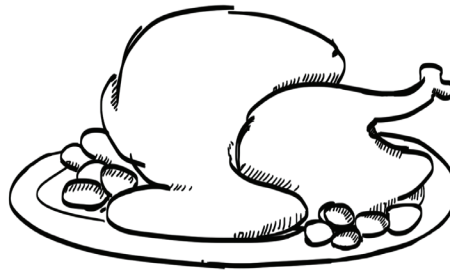


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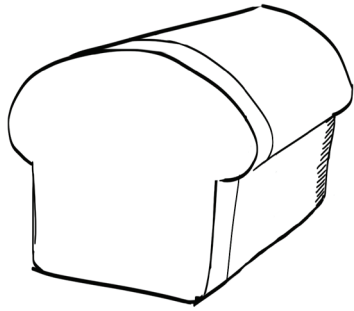
banana



turkey



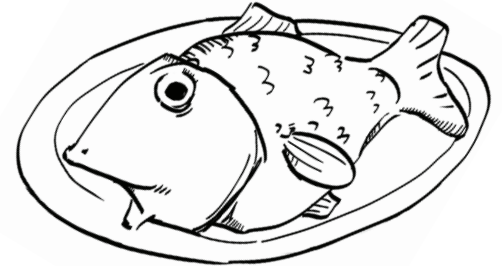
broccoli



bread



yogurt

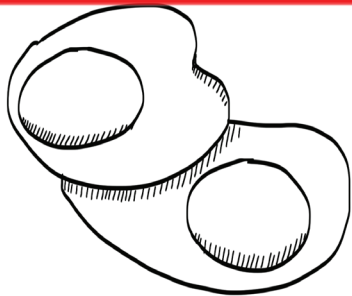


fish

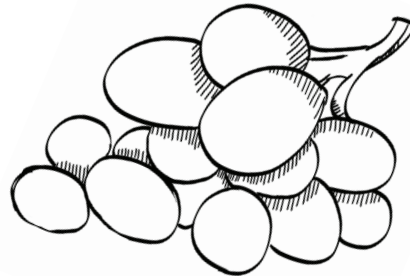


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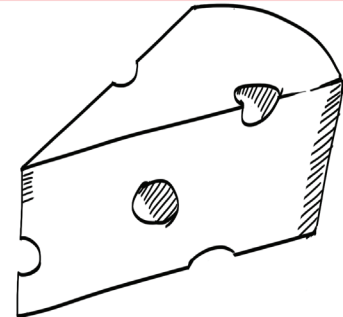
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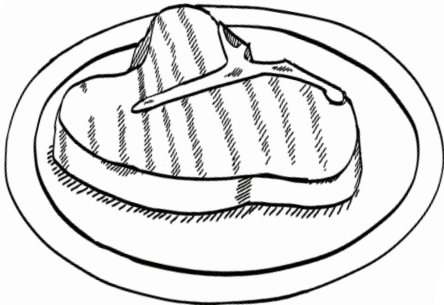
eggs



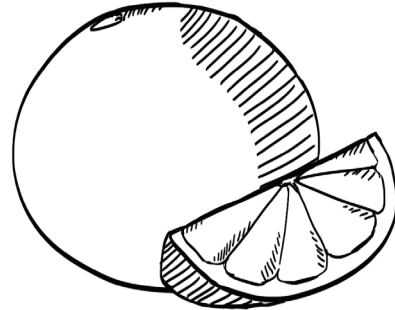
grapes



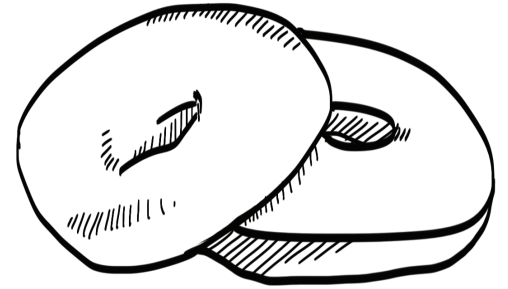
cheese



steak



orange



bagel



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milkshake

celery

hot dog