

No, Bully!

Written by Nikki Aksamit

A bully is a boy or a girl
Who makes you feel bad.
Who says things or does things
That make you feel sad.

A bully may laugh
When you make a mistake.
Or call you mean names
Push you, shove you or shake.

What do you do
If you're bullied today?
You must try to stay calm
And just walk away.



~ PREVIEW ~

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The meanness come to an end?



Tell the bully to stop!
Take your friend by the hand.
Go find a grown up,
They will understand.

School is a safe place
To learn, grow and play
If you speak up and stand up
Bullies can't ruin the day!

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STOP!



1. The second stanza of the poem reads:

A bully may laugh
When you make a mistake.
Or call you mean names
Push you, shove you or shake.

Make a list of some other things that a bully might do.

- 2.



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a. _____ b. _____ c. _____

3. Tell what you can do if you see a bully picking on a friend.

4. How can you avoid becoming a bully?

ANSWER KEY

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STOP!



1. The second stanza of the poem reads:

A bully may laugh
When you make a mistake.
Or call you mean names
Push you, shove you or shake.

Make a list of some other things that a bully might do.

Answers will vary. Sample answers: Tease someone. Pinch someone. Post bad things on the Internet about someone. Make people feel uncomfortable.

- 2.



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LIST THREE ADULTS THAT YOU WOULD TRUST.

Answers will vary. Sample answers:

- a. **mother** b. **father** c. **grandparent**

3. Tell what you can do if you see a bully picking on a friend.

Tell the bully to stop. Take the person away from the bully. Tell an adult about the problem.

4. How can you avoid becoming a bully?

Answers will vary. Sample answer: Say only nice things about people. Try to avoid hurting others physically or with words.